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Dr. Loretta Friedman Receives the *Who's Who* Award for Three Decades of Achievement in Lymphatic Health

New York, NY: Loretta Friedman, RN, MS, DC, CCN, CNS, DACBN, DCBCN has received the 2023 *Who's Who* Award for her pioneering work in lymphatic drainage and systemic detoxification. For 29 years, Dr. Friedman has been devoted to helping patients find answers to unexplained inflammation, pain, and lumpy, bumpy, tender breasts. Her holistic approach includes integrative nutrition, functional medicine, Directional Non-Force Technique Chiropractic Care, and her patented drainage technique Lymph-Biologics™. Dr. Friedman also uses the only FDA-approved sound wave machine in Manhattan and the other four boroughs that relieves inflammation around the nerves and is especially good for joint pain, plantar fasciitis, and neuropathies.

The Global Directory of *Who's Who* is a distinguished compilation of professionals whose board has most recently recognized Dr. Friedman's passionate commitment to educating and treating her patients, who suffer from ailments including lymphedema, cancer, auto-immune disorders, diabetes, obesity, and breast pain. For years, they have searched for relief and have only found it under Dr. Friedman's care.

Her ever-growing following on Instagram leaves no doubt that the world needs more relief. Her bestselling book *The Lymph Link: Solving the Mysteries of Inflammation, Toxicity, and Breast Health Issues* was featured on popular shows such as *Wake Up with Marci* and the *High-Energy Girl* along w *Omi Bell's Podcast* and is a life-changing resource for readers all over the world, with customized recipes and at-home practices for detoxification.

"Between good food and Dr. Loretta, I'm set for life." – Jean-Georges Vongerichten, Celebrity Chef (from the foreword of *The Lymph Link*)

About Synergy Health Associates: Dr. Friedman's Manhattan office is the hub for lymphatic health that patients all over the world have flocked to for years. The practice is now looking to open up more local clinics to offer widespread care throughout the country. Dr. Friedman welcomes investors interested in supporting her work. To learn more, please visit www.synergyhealthassociates.com.